Shadow Work Practitioner Training 2026/27

Module I: Into the Depths of the Shadow – A Strong Theoretical Foundation			
Date	**Topic**	**Location**	**Time**
03.11.2026	Introduction – the origin and nature of the shadow. Carl Jung's shadow theory Resistance, The Formula of Change	Zoom	18.00-21.00
10.11.2026	Shadow history. The child's shadow. Ego. Inner demons	Zoom	18.00-21.00
17.11.2026	Shadow Chains Tools for Understanding the Shadow Shadow Archetypes 1 Jungian Shadow Types	Zoom	18.00-20.00
24.11.2026	Shadow archetypes 2 – Inner saboteurs	Zoom	18.00-20.00
01.12.2026	Shadow archetypes 3 – Sins	Zoom	18.00-20.00
08.12.2026	Shadow archetypes 4 – 13 shadow archetypes	Zoom	18.00-20.00
15.12.2026	The 5-Step Shadow Model in 1-on-1 Work Practice	Zoom	18.00-20.00
22.12.2026	The shadow in contemporary science	Zoom	18.00-20.00
1.12-15.12.26	The shadow in practical psychology	Salvestus	
Module Final Assignment: Event Analysis Based on Shadow Theories Deadline: 11.01.26			

Module II: From Theory to Practice – Becoming a Shadow Work Practitioner			
Date	**Topic**	**Location**	**Time**
24.01.2027	Shadow Exploration Practices The Potential of Chaos The Shadow and Repressed Emotions Self-Expression Practice	Zoom	12.00-18.00
03.02.2027	Techniques for unlocking shadow potential	Zoom	18.00-20.00
10.02.2027	Conscious development of a shadow work practitioner	Zoom	18.00-20.00
17.02.2027	Conscious development of a shadow work practitioner	Zoom	18.00-20.00
25.02.2027	Ceremonial practices for illuminating the shadow	Zoom	18.00-20.00
03.03.2027	Shadow in sexuality	Zoom	18.00-20.00
14.03.2027	Surmaprotsess	Zoom	12.00-18.00
04.04.2027	Course final project	Zoom	12.00-18.00

Additional recordings added throughout the course

1. Clients with Psychopathology in Shadow Work
2. How to Work with Resistant Clients